

ABOUT HAND IN HAND FOR DEVELOPMENT



BACKGROUND

HAND IN HAND FOR DEVELOPMENT is a non-profit organisation managed by following dispositions of the law N° 20/2000 of 26th July 2000 related to non-profit organization and registered in

Rwanda as a local organization with registration certificate n° 035/RGB/NGO/2016. The organization works with the widows living with HIV/AIDS, Orphans, people with disability and youth. Its operational area extends on all territory of Rwanda especially northern and western regions. Its duration is unspecified.

The head office of the organization is established in Kivumu cell, GISENYI Sector, RUBAVU District, WESTERN Province.

About one person in three lives in poverty and more than 80% of diseases around the

world are from unsafe water; especially in Africa, these numbers are higher since many African countries are under developed and the access to clean water is on very low level.

HIHD MISSION

The mission of HAND IN HAND FOR DEVELOPMENT is to promote the wellbeing of the population in general, especially communities living in economically difficult situation - orphans, unemployed youth, widows and the disabled unable to take care of themselves. HIHD intends to assist vulnerable people especially youth and widows in enabling them to improve their life conditions; to help them learning self-empowerment via professional training and constant assistance.

HIHD VISION

A world with better living conditions for all.

with AIDS/HIV, poor families, street children and orphans.

- Establish adequate sanitation through micro flush toilet promotion.

WHAT WE DO

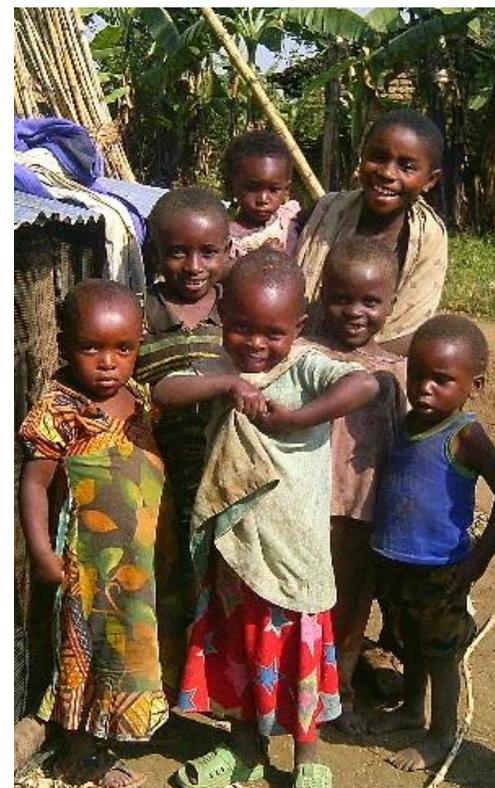
HAND IN HAND FOR DEVELOPMENT works with partner organizations, local authority and vulnerable families to pull from roots all causes of poverty.

Around the country HAND IN HAND FOR DEVELOPMENT works to find small projects than generate incomes for people and fund them so that people can lift themselves from poverty. It also provides access to water and clean water through training communities on hygiene, sanitation and ferrocement tanks, bio sand water filters and micro flush toilets construction.

HAND IN HAND FOR DEVELOPMENT fights for good health and economic development of families with people living

OUR AIMS

- Fighting the prevention of HIV/AIDS scourge, STD as well as delinquency within both schooled youth and non-schooled youths of Rwanda, and particularly those in RUBAVU District.
- Promoting, in favour of children and youths positive values: honour, reconciliation, forgiveness, peace, hope, tolerance, mutual aid and a sense of family.
- Train the beneficiaries on small business.
- To educate them to increase their knowledge of income generating activities.
- To fight against illness cause by water born with distribution of bio sand water filters.
- Promote rainwater catchment system through ferrocement tanks construction.
- Fight against endemic illness.



doing such activities in other areas, the courage we fetched from the success of our beneficiaries' projects provided us enough strength to work hard this year.

ABOUT OUR ACHIEVEMENT

We are an independent organization but, in order to achieve well our goals beside vulnerable families we work also with different groups and cooperatives whose members live with AIDS/HIV or disability. This year has been marked by many and different remarkable activities in all domains we intervene; previous years have been marked only by acts of sensitization trainings, start-up small projects that generate income and different projects that could contribute to community development; but, even if we kept

The results from the activities done this year show a great picture of community development, health improvement, and the contribution of people with disability and people living with AIDS/HIV in development.



According to our beneficiaries, this year provided them a deeply hope for the future; success of their projects contributed a lot to the economic development of their families. The incomes they got this year from HIHD's projects provided them a great and remarkable impact in their daily life on both sides' health and family economy. This impact of encouraged our beneficiaries so that in few years they will be in range of developed families.

By December 2018, 45 families had already begun livestock farming projects, more than 11,000 families had access to clean water through bio sand water filters, more than 20 families and

schools have access to water through rainwater harvesting.

to students in nine and twelve years. This has increased the number student that go to school but there still some problems for student often for those from marginalised and poor families.

SCHOOL MATERIALS

The development of a family depends on different factors and the education is among the major factors that contribute to family development. Since there are a big number of children who do not go to school because of lack of school

about 17 children from Rubavu District who had left their studies to go back to school and others who were about to abandon their studies because their families could not provide school materials.



EDUCATION

EMPOWERMENT

In underdeveloped countries, a big number of unschooled children is found in rural areas. The government of Rwanda has strengthen and facilitating the education by providing free studies

materials, HIHD provided school materials to its group of 58 students in primary and secondary school. These materials include notebooks, pens and uniforms. This activity has encouraged

HEALTH

Since education goes with health, HIHD provided 417 health insurances to children with their family members and for good health of these people, we started new small business of hens and rabbits farming to families with

children affected by malnutrition. This project changed a lot these families' life healthily and economically since they could sell eggs to solve some basic small problems and enhance their nutritional style.

N'ABACU



The root cause of this program is to improve production, income and employment through offering job opportunities for youth, people living with albinism in particular, contribute to creating free and safe place for people living with albinism to live and their rights promotion as human beings like the others.

In Rwandan society and the whole Africa in general, albinos have been considered differently to other people. These people with skin disability have faced many problems in the past due poor mindset of communities in which they lived; some of them have been killed, others have lost some parts of their body to be used in sorcery and others have lived in fear, isolation and trauma due to how they were born.

Integration of people with albinism in Rwandan society

Since albinism is disability, Rwandan government in partnership with civil society has struggled to change the old mind-set of Rwanda's population on albinism and every other kind of

disability. Through sensitization and trainings Rwandan population is being aware that people with albinism are normal people like others and can do whatever which can be done by anyone else.

What does N'ABACU program addresses? This program seeks to address the following issues affecting people with albinism:

- Health education on how to prevent skin cancer;
- Protective clothing;
- Optician services;
- Assistance in participating in mainstream primary and secondary education;
- Vocational training to maximize the chance of indoor work out of the sun.



The overall goal of the Youth Sector is to enhance the growth and competitiveness of Rwanda's young people, enabling them to contribute to the country's medium-term and long-term development goals. Youth development programs are predicated on the understanding that all young people need support, guidance, and opportunities during adolescence, a time of rapid change in regard to education, employment, family formation, and migration. Major areas of focus in Rwanda include youth development, reproductive health, education, youth mobility, leadership development and education.

YOUTH EMPOWERMENT

RWANDA YOUTH

JOB CREATION FOR YOUTH

In order to contribute to youth's unemployment reduction, HIHD trained and empowered five groups of youth on a small business that provide incomes. Over 50 young people with a high school degree have been trained on making bio sand water filters. HIHD provided to each group starting materials, tool kits, and molds with other all needed materials so that they run their business without difficulties.



These young people make and sell these filters and with the incomes they got from this business, they are investing in other different projects that provide money like cultivating, farming, etc... Some of these groups became youth's cooperatives in order to gain full facilities from the government and extend their activities.

LIFE CARE

ACCESS TO WATER



From the activities of these groups in the areas where they work, people are having a different look since more than 11,000 families got access to clean water through bio sand water filters. In Rwanda most of families in rural areas use water from rivers, wells and ground water.



Rainwater harvesting system

Rwanda is said to be one of the African countries that use water at a very low scale. Statistics show that a Rwandan uses an average of 670 cubic meters annually as

opposed to 4,000 cubic meters for citizens in some African countries. Rainwater is among the most used water sources in Rwanda especially in rural areas. The rainwater is abundant in Northern and Western provinces of Rwanda where forests and volcanoes lie; and is there where rainwater is mostly used in different activities since there no other water supply systems.

Due to lack of rainwater harvesting, Rwanda is passing through a hard time of disasters from rainfalls and has lost a lot of things from this last. Plants have been damaged due to erosion, houses have been destroyed due to floods and landslides and people died from these disasters.

In order to fight against disasters from rainfalls and increase access to water The Rwandan government in collaboration with partners and civil society started to adopt and promote Rainwater harvesting.



As contribution to lack access to water in different communities especially those in rural areas, HAND IN HAND FOR DEVELOPMENT trained groups of youth on ferrocement tank construction; therefore the trained groups help their communities to have access to water through harvesting rainwater.



ACCESS TO CLEAN WATER

WATER AND LIFE



Expert in health say that our body needs water more than anything else. When you look at the different points of the world, in many places especially in underdeveloped countries; the access to clean water is hard. Often, people make long distances to fetch water which is even sometime not clean.

Around the world, more than 80% of diseases found are from unsafe water; so, people use different ways to make it clean in order to reduce those diseases from water born. When you check in those ways, especially here in Rwanda, they are

also somehow expensive; people will need to find woods or charcoals to boil that water. If they do not spend their time looking for those woods, they will have to spend their money buying them. This applies a strong negative impact to our environment since they will have to cut trees in order to get woods or make charcoals.

If you examine well, you will get that many people choose to use that dirty water, sometimes because they do not have forests or trees to get woods from or even because they do not have money to buy them. This becomes one of the main reasons that make our country even the whole great lakes region be covered by diseases from water born.

BIOSAND WATER FILTER



Biosand water is a filter made from concrete with sand and gravel well treated installed inside which helps to make clean the dirty water and removes pathogens, viruses, protozoa, and bacteria.

This filter is providing a big support in human's health since it gives clean water for a low cost and it is solving all those problems related to the cost of clean water such as woods, charcoals and environment destruction.

HOUSEHOLD

People living with AIDS/HIV



Life of people living with AIDS/HIV faces many problems since it needs to be taken carefully and be prevented from anything that can negatively affect it. Often their health is exposed to diseases since their body is weak. So, since a great number of diseases is from unsafe water and others from malnutrition, this year HIHD helped these families by providing bio sand water filters and about 1225 bio sand water filters have been distributed in these families.

Marginalized people

Families with low income often face many problems since because of their low revenues; these families have often no access to hospitals, good nutrition and for these reasons their life present a great danger. This year HIHD has worked along with these people in order to increase their level of living. HIHD provided bio sand water filter in 835 marginalized families and helped 37 of these families to start livestock farming by giving them sheep.



This has been a big opportunity for these families as they declared that it was a great chance they get which is going to pull them out poverty and lead their steps to a sustainable development.

People with disability

Disable people are often over-represented among the poor and are often among the very poorest. Communities usually identify

disable people as among the most vulnerable groups, along with widows and orphans. Disable people share the same problems as non-disabled poor but they experience poverty more intensely. This intense poverty is due to the inability of working often because disable people are colonized by different diseases and which many of them are caused by unsafe water. So, in the way of taking care of disable people's health by avoiding those diseases from unsafe water; this year HIHD distributed 112 bio sand water filters to families with disable people.



Schools

Our children need first good health so that they can study and do other different activities. There are different factors that contribute to a good health and in which is to have clean water for drinking. This year HIHD worked a lot along with schools in order to save lives of the future generation. HIHD distributed about 242 bio sand water filters in primary and secondary schools; and it is intending to increase this remarkably this number in the next year.



This activity has been very appreciated by students and even schools' staff because they had no clean water and this was a big barrier for students' studies since they use to get sick from different diseases caused by dirty water.

Safety of our family



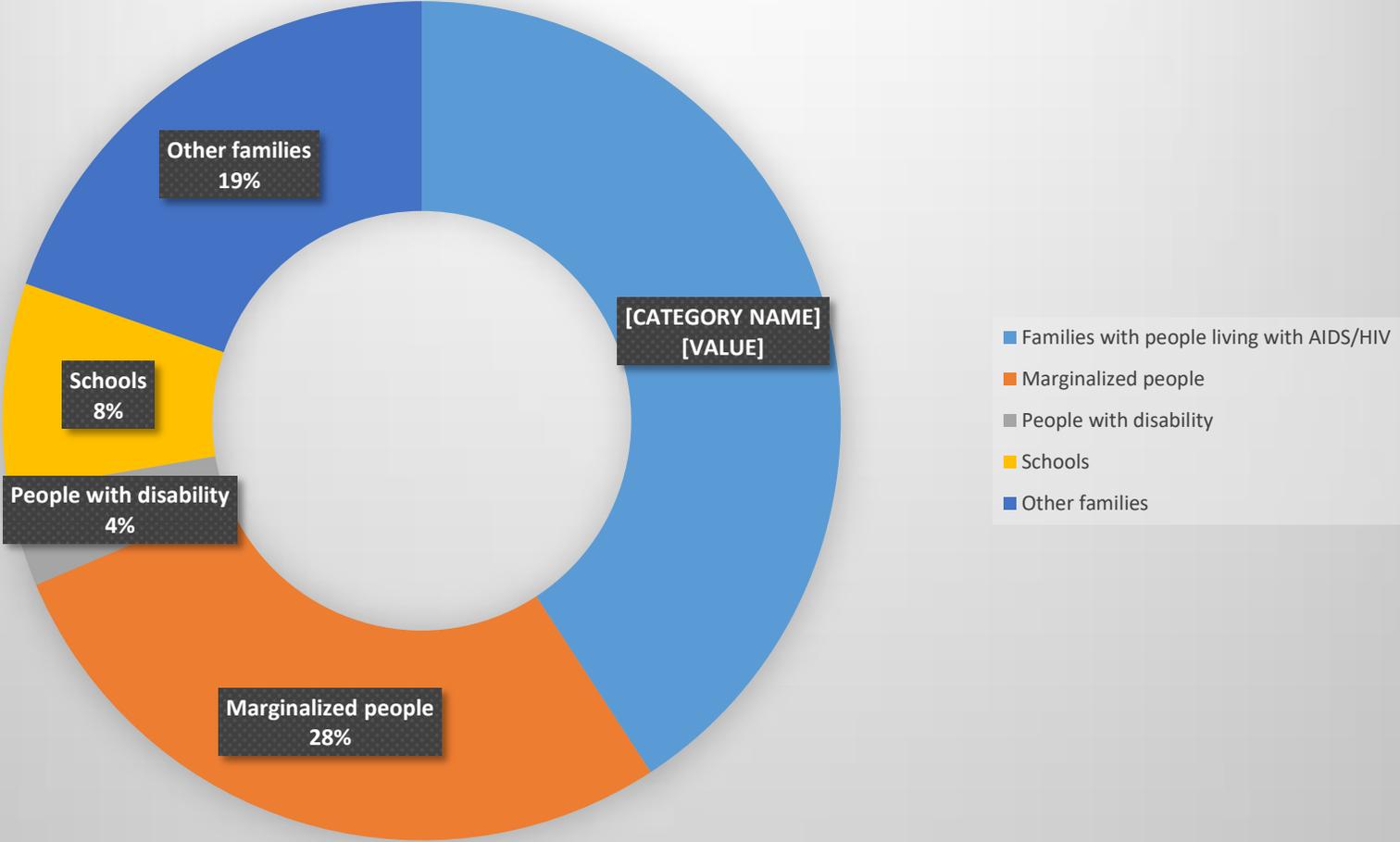
There are many and different things which take our life from us and that we are able to prevent them; some of those are often very simple more than everybody can imagine. A great number of death around the world especially in Africa, is caused by diseases; and many of these diseases are from unsafe water. So, either people living with AIDS/HIV, people with disability or poor people; we all need clean water for our lives to be better. Beside families with people living with AIDS/HIV, people with disability, marginalized people and schools; this year HIHD distributed 113 bio sand water filters in more than 2300 families in different Districts in order to

expand and facilitate the access to clean water. HIHD is intending to reach more families in coming years since the access to clean water is still too low in these two Districts.



Many people from these Districts get drinking water from rivers and they use the same rivers for washing clothes, submerging sorghum sacks underwater for making in sorghum beer after and other different things that pollute that water.

Percentage of filters' repartition



FAMILY DEVELOPMENT

Groups of ladies

When you look up in Rwandan rural regions, you find that there are a big number of ladies and girls without job. Many of those who have occupation are working in fields or looking after children. This matter of unemployed women contribute a lot to poverty of families since the family has on only one person in charge of everything and whose often incomes are low.

In the way of fighting against this matter, this year HIHD kept strengthening its groups of ladies. These groups are made up by women and girls who have been trained on bio

and

have been trained on making hand crafts and other different kinds of arts objects



they make and sell these filters.

Creation of new opportunities



In order to expand activities and raise up the number of women and girls with occupation, out of make and sell bio sand water filters this year HIHD created a new projects of art for these groups of ladies. In this project, ladies

This project is contributing more to these women's family development and day after day is growing and HIHD plays a role of advocacy for these groups.



education for women and children, security from physical harm, and other inviolable human rights (**positive**

forums and create peace clubs in schools and different areas.

BUILD OUR COMMUNITY

Peace program



Peace is not just the absence of war (negative peace), but also the presence of the conditions for a just and sustainable peace, including access to food and clean drinking water,

peace). This idea is rooted in the understanding that a “just peace” is the only sustainable kind of peace; an approach that seeks merely to “stop the guns” while ignoring the denial of human rights and unjust social and political conditions will not work in the long run.

In order to establish a sustainable peace in our community; in 2015 HIHD started a new program of peace. In this program, HIHD works with different layers of community by offering trainings on peace, providing peace

Peace clubs



Until the end of 2018 HIHD had already eight active peace clubs from different areas and schools. In the next year HIHD is intending to increase the number of peace clubs and to keep sensitize peace in order to make one peacefully and lovely community. From these peace clubs, HIHD has offered this year trainings on peacemaking to more than 920 people from different areas. This is contributed more to the self-social and moral building of Rwandan community since from peace people get time to sit and

look together what is necessary for their community.

Peace day



In collaboration with other different NGOs from Rubavu district, on 21st September 2017 HIHD's youth celebrated peace day. On this day they did a march across Gisenyi town with a great joy and happiness. This activity left a great picture of peace in the future since many people were standing a long side the road and being surprised by seeing many young people singing songs of peace. **Trauma healing program**

Rwanda has been plagued by a brutal history of colonization, civil war,

ethnic hatred, and genocide. As the country strives to build sustainable peace, it is clear that in order to move toward peace, community must grapple with the consequences of violence.



Although stability has come to Rwanda, some people are still afraid of their neighbors. Hatred lingers and old wounds are low as poverty and loneliness serve as a constant reminder of whom and what was lost. With no time during war or genocide to adequately mourn lost family, overwhelming grief lurks just below the surface, threatening to throw people into powerful flashbacks; people withdraw into themselves, unable to trust anyone with their sorrow. Small provocation can transform this

unspoken sorrow into hate, allowing it to become the fuel for future violence rather than the grounds for reconnection. Trauma Healing program was developed to address these hidden wounds and is designed to build community capacity to respond to wide-spread trauma and to strengthen interconnections and reduce isolation.



Now HIHD has started to work along with those people who have these hidden wounds. There are many people who ignore that the hard or bad life they have comes from those wounds they carry in their heart; so, HIHD's specialists in Trauma Healing are helping these people to find to find out node of the parcel they carry and

address it. Together they find responses which lead the build of community.

HEALTHY COMMUNITY



More than 80% of Rwandan population lives from agriculture and livestock. The production of the population plays a big role in the development of the country since the economy of the country lies the harvest from

agriculture and livestock exported outside of the country.

Even if the country has a good soil for agriculture and that its production is enough for its population, there still food insecurity country wide especially in rural areas even those are the major producers of the country harvest. The root

cause of this issue is that the population only produces for markets to earn money and leave behind what is necessary for their life and the best living of their children.



In order to contribute to the solvency of food insecurity issue, HAND IN HAND FOR DEVELOPMENT trains communities on terra firma

permagarden and helps families affected or exposed to malnutrition especially those with children to build permagardens at their homes to insure food security food security.



This year, HIHD trained more than 23 youth from different communities on terra firma permagarden, about 35 permagardens have been built in Rubavu and Huye districts and the number of these gardens is rapidly increasing due to courage and will of our volunteers and partnering communities’.

Since the permagarden provides harvest even in dry season due to its design and that the method’s effectiveness to significantly increase household food production and income from smallholdings with a high probability

of replication by other individuals and that it involves only local materials; HIHD is working closely with local authorities to encourage this to communities.

Sanitation



Rwanda is the most densely populated country in Africa, and 80% of the population live in rural areas. Health and development of people living in rural areas are affected by numerous factors which make

their life always hard and most exposed on danger comparing to people in urban areas. Among the major factors that hit these people to death lies inadequate sanitation.

Poor sanitary condition implies worst effects to people in rural areas, it is a source of diarrhea, cholera, and other many dirt related diseases; and the most exposed and victims of these diseases are children.



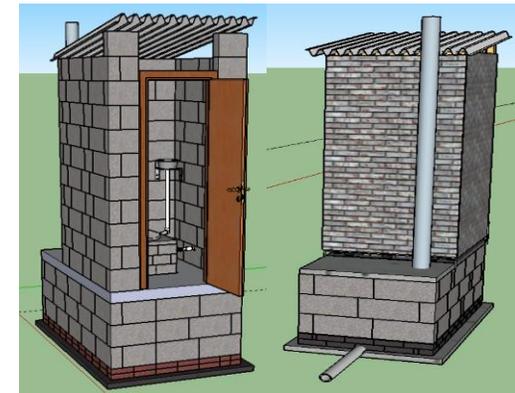
To improve sanitation in rural areas, this year HIHD adopted a new system of micro flush toilet and started to communities on this system as a way to fight against poor sanitation.

Microflush toilet

Micro flush toilet is an off-grid, sustainable, environmentally friendly, low

cost, odor- and fly-free toilet that reuses the small amount (1 cup) of greywater from a previous user's hand wash to isolate waste and flush the toilet.

In the Micro flush toilet, a user's flush of waste directly falls into a filter-digester where the solids and liquids are rapidly separated. The solids are composted in an aerobic process enhanced by simple earthworms (*e-fetida*) found everywhere in the world. The small filtrate volume is processed naturally in a soak hole. There is no dislodging of sludge or transportation to a waste processing plant. Every 2 years, the rear cover is removed and an organically rich compost is harvested for use in agriculture.



Since this system was adopted in the end of this year, one toilet was built during the training.

Due to the efficiency and effectiveness of micro flush toilet, HIHD is intending to work hard next year on sensitization, mobilization and training of this system in partnering communities and a positive impacts are insured.

ENVIRONMENT



ROOTS & SHOOTS

Roots and shoots has been founded in 1991 by Dr. Jane Goodall and students in Dar es Salaam. Roots & Shoots is about making positive change happen for our communities, for animals and for environment. Today Roots & Shoots is the Jane Goodall Institute's global environmental and humanitarian program, with groups in more than 120 countries. Roots & Shoots members, from preschools to university, demonstrate their care and concern for living things through service projects in their communities. They participate as individuals, in local groups and as part of a global network.

Roots & Shoots offers forums to bring people together, providing the opportunity to explore and understand their connection to the environment, nature, community, and make a difference by taking actions in their own unique way. Roots & Shoots is about recognizing that every day in your own way, can make our Earth a better place to live.

Roots & shoots clubs

HIHD has started to run this program in August 2015. Until the end of 2018, HIHD has two active groups one of students in primary school and another one of students in secondary school.

Twite ku bidukikije group

This group is made of youth in secondary school. They are active youth, their care about environment is remarkable to everyone who watches their activities and their courage gives a hope for the future of our environmental life.



To the end of this year they had already plant trees on an area of 1200 m² and they are implementing other small projects demonstrating their care and concern for living things.

ibyo dusangiye ubuzima group

This group has been started in November 2017. It is made up of students in primary schools.



This group has no realized project yet, they still being trained on making positive change happen and their courage shows the picture of their good realizations in the future.

INCOMES & PARTNERSHIP

n water born

commitment and passion is an inspiration.

INCOMES



HIHD's incomes come from its donors and partners. This year HIHD's partners worked harder than ever to raise funds for our work fighting

HIHD's work is only possible because of many of supporters that are part of our movement. Their financial assistance comes in many forms: regular monthly donations, organizing and taking part in events and leaving us gifts for their own will.

HOW AND WHERE HIHD RAISES FUNDS

HIHD's partners raise money in public fundraising and our royal donors respond to several emergency appeals helping to save lives. HIHD is deeply grateful for the continued and generous support of all of our donors. Their

PARTNERSHIP



Our partners are independent organizations and independent persons.

Partners

- **FRIENDLY WATER FOR THE WORLD**



Friendly Water For the World is a nonprofit organization with mission of expanding global access to low-cost clean water technologies and

information about health and sanitation through knowledge-sharing, training, community-building, peacemaking, and efforts at sustainability. They empower communities abroad to take care of their own clean water needs, even as they empower people here to make a real difference.

- **RWANDAN HUGS**



RWANDAN HUGS is a non-profit organization that works with existing ministries and organizations to most efficiently serve Rwanda's most vulnerable populations: orphans, students, unemployed women, HIV/AIDS survivors, subsistence farmers, and genocide survivors.

- **WATER CHARITY**



Charity: water is a non-profit organization that provides clean and safe drinking water to people in developing countries.

- **LUSH COSMETICS**



LUSH COSMETICS is a Canadian cosmetics company with Charity Pot funding that supports small, grassroots organizations in North America and around the world that are working on the root cause of issues and creating long-term sustainable change.

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